



# LOUISVILLE POPULATION CENTER TRAINING

**BUILDERS EXCHANGE  
2300 MEADOW DRIVE  
LOUISVILLE, KY 40218**

**Free Training**

**September 30 – October 3, 2013**

## Monday – September 30<sup>th</sup>

### **Overview of the Kentucky OSH Program**

**8:30 - 11:30 a.m.**

The course provides information on the application of General Industry and Construction safety and health regulations in Kentucky and the activities of the Kentucky OSH Program. The Division of OSH Enforcement information includes: inspections, accident investigations, citations, penalties, and important agency policies and practices. The Division of OSH Education and Training information includes: details on free assistance to employers, including consultative services, voluntary partnership programs, and training. This course also includes details on new and upcoming regulations and policy changes.

### **Personal Protective Equipment**

**1:00 - 4:00 p.m.**

This course provides an overview of Personal Protective Equipment (PPE), as covered under the 29 CFR 1910.132-138 standards. It is intended for individuals who may be required to use PPE while performing their assigned work duties. Topics include an explanation of the PPE standards, how to properly use and care for PPE, and the limitations of PPE. Guidance will also be provided on how to perform the required PPE hazard assessment for each job in the workplace.

## Tuesday – October 1<sup>st</sup>

### **Back Care & Office Ergonomics**

**8:30 - 11:30 a.m.**

This course explains why many back injuries occur from lifting and how they may be prevented. The office ergonomics portion focuses on recognizing risk factors, reducing worker stress, and avoiding potential muscular skeletal disorders associated with everyday computer use.

### **Hazard Communication – Global Harmonization System**

**1:00 - 4:00 p.m.**

This course will cover the basic requirements of 29 CFR 1910.1200 and the revised provisions of the standard as they relate to the Globally Harmonized System of Classification and Labeling of Chemicals (GHS). Attendees will learn about the revised standard, which will include chemical hazard classification, written program requirements, container labeling and other forms of warning, safety data sheets, and associated phase-in dates for the new requirements under GHS.

## Wednesday – October 2<sup>nd</sup>

### **Injury and Illness Recordkeeping**

**8:00 - 12:00 p.m.**

This course covers the basic requirements of 29 CFR 1904 and will familiarize attendees with the OSHA 300A, 300, 301 and equivalent forms. Proper reporting of injury/illness and fatalities based on state and federal requirements will be included in the presentation.

### **Fall Protection**

**1:00 - 4:00 p.m.**

This course covers the elements of 1926.500-503 and associated industry standards. Topics include: requirement to provide a fall protection system, the description and requirements for each fall protection system, and training requirements. Attendees should leave with a basic understanding of KyOSH's requirements for working at heights on commercial construction sites.

## Thursday – October 3<sup>rd</sup>

### **Crane Standard for Construction**

**8:30 - 11:30 a.m.**

This course addresses major changes which took effect on Nov. 8, 2010. The session provides a basic overview of 1926, Subpart CC, including mobile cranes, tower cranes and certifications requirements for crane operators. Topics will also include requirements for riggers, electrical hazards, and crane inspections.

### **Electrical Safety**

**1:00 - 4:00 p.m.**

This course covers the basic requirements surrounding the approval, installation, and use of electrical equipment and devices. The course is built around OSHA standards found in 1910.303 to .305. Includes a discussion of OSHA and industry standards as they relate to the installation of electrical equipment, commonly cited approval and installation violations, an overview of the equipment approval process, cord marking requirements, and basic hazards found in commonly made electrical wiring issues. Involves group-based and hands-on learning activities, including flexible cord marking designation and determining wiring issues associated with an electrical fault board.

**To register online go to: <http://www.rsvpbok.com/louisville132>**